



BDSM

Vikipediya, erkin ensiklopediya

BDSM — bu qullik, intizom, hukmronlik va bo'ysunish, sadomazoxizm va boshqa tegishli shaxslararo dinamikani o'z ichiga olgan, turli xil erotik amaliyotlar yoki rol o'yinlari jamlanmasidir. Ba'zi insonlar o'zlarini BDSM bilan shug'ullanmaydigan deb hisoblashlarini hamda odamlar tomonidan shug'ullanishi mumkin bo'lgan keng ko'lamli amaliyotlarni hisobga olsak, BDSM hamjamiyatiga yoki submadaniyatiga qo'shilish ko'pincha o'z-o'zini aniqlash va umumiy tajribaga bog'liq deya ta'kidlanadi.

BDSM atamasi birinchi marta 1991-yilda Usenet postida qayd etilgan^[1] va B/D (qullik va intizom), D/s (hukmronlik va bo'ysunish) va S/M (sadizm va masochism) qisqartmalarining birikmasi sifatida talqin qilingan. Endilikda *BDSM* keng ko'lamli faoliyatni, shaxslararo munosabatlar shakllarini va alohida submadaniyatlarni qamrab oluvchi ibora sifatida ishlatiladi. BDSM bilan shug'ullanuvchi shaxslar odatda o'zini jamiyatdagi me'yoriy bo'lmagan har qanday odamni qabul qiladi. Bularga cross-dresserlar, tanani o'zgartirish ixlosmandlari, hayvonlarning rollarini o'ynovchilar, fetishistlar va boshqalar kiradi.

BDSMdagi faoliyat va munosabatlar ko'pincha ishtirokchilar bir-birini to'ldiruvchi va kuchlar tengsizligini o'z ichiga oluvchi rollarni o'z zimmalariga olishlari bilan tavsiflanadi. Shuning uchun ikkala sherikning ham xabardor roziligi g'oyasi juda muhimdir. Bu rollarni ajratish uchun ko'pincha *bo'ysunuvchi* va *dominant* atamalaridan foydalaniladi hamda dominant sherik („dom“) bo'ysunuvchi („sub“) ustidan psixologik nazoratni qo'lga oladi. Ushbu terminlar o'rniga *yuqori* va *pastki* atamalari ham qo'llanilad. Yuqori (top) shaxs harakatning qo'zg'atuvchisi, pastki (bottom) esa harakatning qabul qiluvchisi. Ikki atama to'plami bir-biridan juda farq qiladi. Masalan, kimdir boshqa odam uchun past rol o'ynashni tanlashi mumkin (masalan, qamchilash orqali) O'yin-kulgi atamasi psixologik jihatdan hukmronlik qilish degan ma'noni anglatmaydi va ushbu atama ifodasi sifatida bo'ysunuvchilarga o'zlarining dominantlarini massaj qilish buyurilishi ham mumkin.

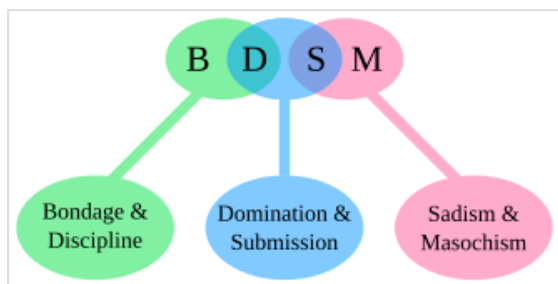
Sub va *dom* qisqartmalari tez-tez *bo'ysunuvchi* va *dominant* o'rniga ishlatiladi. Ba'zida ayolga xos bo'lgan *mistress*, *domme* va *dominatrix* atamalari dominant ayolni tasvirlash uchun ishlatiladi, ba'zan esa gender-neytral *dom* atamasi o'rniga qo'llanishi mumkin. Yuqori/dominant va pastki/bo'ysunuvchi rollar o'rtasida o'zgargan shaxslar — munosabatlardan munosabatlarga yoki ma'lum munosabatlar doirasida keskin o'rgarishni yuzaga keltirib chiqaradi. Rollarning aniq ta'rifi va o'zini o'zi identifikatsiya qilish BDSM ishtirokchilari o'rtasida keng tarqalgan munozara mavzusidir^[2].

BDSM

Ko'rinish	
B&D, B/D, or BD	<u>Bondaj</u> va <u>Intizom</u>
D&s, D/s, or Ds	<u>Hukmronlik</u> va <u>bo'ysunish</u>
S&M, S/M, or SM	<u>Sadizm</u> va <u>masochizm</u>
Rollar	
Yuqori/dominant	jarayonni amalga oshiradigan yoki nazorat qiluvchi sherik
Pastki/bo'ysunuvchi	qabul qiluvchi yoki nazorat qilinadigan sherik
Almashinuv	Rollar o'rtasida o'rin almashinuv

Asoslar

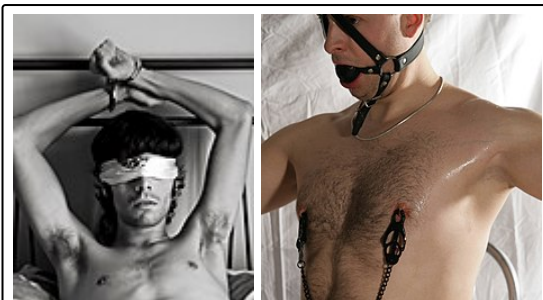
BDSM harakatlari ko'pincha „o'yin“, „sahna“ yoki „sessiya“ deb ataladigan ikkala tomon tomonidan kelishilgan ma'lum bir vaqt oralig'ida amalga oshirilishi mumkin. Ishtirokchilar, garchi og'riq yoki tahqirlash yoki cheklash kabi ko'plab amaliyotlar boshqa sharoitlarda yoqimsiz bo'lsa hambundan zavq olishadi. Jinsiy faollik kabi aniq jinsiy faoliyat seans ichida sodir bo'lishi mumkin, lekin bu muhim emas^[3]. Yuridik sabablarga ko'ra, bunday ochiq jinsiy aloqa jamoat o'yin joylarida kamdan-kam uchraydi va ba'zida ziyofat yoki o'yin maydoni qoidalari bilan taqiqlanadi. Bu jamoat „o'yin maydoni“, o'rnatilgan jamoat zindonidagi ziyofatdan tortib, tungi klub yoki ijtimoiy tadbirdagi o'yin "zonasi kabi joylar bo'lishi mumkin. Ba'zilarida ayollar uchun panties / ko'krak stikerlari (erkaklar uchun ichki kiyim) yo'ri'gi mavjud va ba'zilarida ochiq-oydin jinsiy harakatlar bilan to'liq yalang'ochlikka ruxsat beriladi^[4].



BDSM so'zining bosh harf osti ma'nolari

BDSMni amalga oshirishning asosiy tamoyillari uni barcha tomonlarning xabardor roziligi bilan amalga oshirishni talab qiladi. 1980-yillardan boshlab, ko'plab amaliyotchilar va tashkilotlar (dastlab GMSMA — gey SM faol tashkiloti) *xavfsiz, sog'lom va konsensual*, ya'ni hamma narsa xavfsiz faoliyatga asoslangan, barcha ishtirokchilar etarli darajada rozilik berish uchun sog'lom fikr va barcha ishtirokchilar rozi bo'lishlari haqida konsepsiya qabul qiladilar^[5]. Odatda, ushbu, SSC sifatida qisqartiriladi. O'zaro rozilik BDSM va jinsiy zo'ravonlik va oiladagi zo'ravonlik kabi jinoyatlar o'rtasida aniq huquqiy va axloqiy farqni keltirib chiqaradi^[6].

Ba'zi BDSM amaliyotchilari SSCdan farq qiladigan xatti-harakatlar kodini afzal ko'rishadi. „Xavf-xatardan xabardor konsensual kink“ (RACK) sifatida tavsiflangan ushbu kod ishtirokchilarning *individual* mas'uliyati yanada kuchliroq ta'kidlangan uslubga ustunlik beradi, bunda har bir ishtirokchi o'z farovonligi uchun javobgar bo'ladi. RACK himoyachilarining ta'kidlashicha, SSC xavfni muhokama qilishga xalaqit berishi mumkin, chunki hech qanday faoliyat haqiqatan ham „xavfsiz“ emas va hatto past xavfli imkoniyatlarni muhokama qilish haqiqatan ham xabardor rozilik uchun zarurdir. Ularning



Kishanlangan va ko'zlari bog'langan erkak

Og'zi va ko'krak uchlarini maxsus jism qistirilgan erkak



Erotik tahqirlash : AQShdagi Folsom ko'chasi yarmarkasida qafasga qamalgan, tanasida qamish izlari bor, itoatkor ayol.

ta'kidlashicha, „xavfsiz“ va „xavfsiz“ faoliyat o'rtasida alohida chegara o'rnatish mafkuraviy jihatdan kattalarning o'zlari uchun mukofot va xavflarni baholash huquqiga rozilik berishni rad etadi; ba'zi kattalar xavfdan qat'i nazar, muayyan faoliyatga jalb qilinadi; va BDSM o'yinlariga, ayniqsa xavfli o'yin yoki chekka o'yinga — ekstremal sport bilan bir xil munosabatda bo'lish, ham hurmat bilan, ham amaliyotchilar o'zlarini o'qitishlari va xavfni kamaytirish uchun yuqori xavfli faoliyat bilan shug'ullanishlari talabi bilan munosabatda bo'lishlari kerak. RACK qabul qilingan xavfsiz amaliyotlardan ko'ra, birinchi navbatda, xabardorlik va xabardor rozilikka e'tibor qaratilishi mumkin^[7].

Rozilik eng muhim mezondir. Sadomazoxistik vaziyatga rozilik va muvofiqlikni faqat potentsial natijalarni baholay oladigan odamlar berishi mumkin. Ularning roziligi uchun ular tegishli ma'lumotlarga (voqea sodir bo'lgan joy qay darajada borishi, potentsial xavf-xatarlar, agar xavfsiz so'z ishlatilsa, bu nima va hokazo) va hukm qilish uchun zarur aqliy qobiliyatga ega bo'lishi kerak. Olingan rozilik va tushunish vaqti-vaqti bilan yozma „shartnoma“da umumlashtiriladi, bu nima bo'lishi mumkin va nima bo'lishi mumkin emasligi haqidagi kelishuvdir^[8].

BDSM o'yinlari odatda shunday tuzilganki, rozilik beruvchi hamkor sahna paytida istalgan vaqtda o'z roziligini qaytarib olishi mumkin^[9], masalan, oldindan kelishilgan xavfsiz so'zni ishlatish^{[10][11]}. Kelishilgan xavfsiz so'zdan foydalanish (yoki ba'zida to'pni tushirish yoki qo'ng'iroq chalish kabi „xavfsiz belgi“, ayniqsa nutq cheklanganda) ba'zilar tomonidan ochiqchasiga rozilikdan voz kechish sifatida ko'riladi. Xavfsiz so'zni hurmat qilmaslik jiddiy noto'g'ri xatti-harakatlar hisoblanadi va tegishli qonunga ko'ra jinoyatni tashkil qilishi mumkin^[10], chunki pastki yoki yuqori qismi xavfsiz so'zdan foydalanishdan keyingi har qanday harakatlarga uning roziligini aniq bekor qilgan. Boshqa sahnalar uchun, ayniqsa, o'rnatilgan munosabatlarda, rozilikni aniq bekor qilish o'rniga, ogohlantirishni („bu juda qizg'in bo'lib bormoqda“) bildirish uchun xavfsiz so'z kelishilishi mumkin; va ba'zilar xavfsiz so'zni umuman ishlatmaslikni tanlaydi.

Terminologiya va turlar

BDSM boshlang'ich davri quyidagilarni anglatadi:

- Bondage and discipline (*B&D*)
- Dominance and submission (*D&s*)
- Sadomasochism (or *S&M*)

Bu atamalar *sadomazoxizm* o'rnini egalladi, chunki ular BDSM faoliyatini kengroq qamrab oladi va psixologik og'riq o'rniga itoatkor rollarga e'tibor beradi. Model faqat fenomenologik farqlashga urinishdir. Bu sohalar orasida insonning shahvoniyligi sohasidagi individual didlar va imtiyozlar bir-biriga mos kelishi mumkin.

BDSM boshlang'ichizmi ostida ushbu psixologik va fiziologik jihatlar ham o'z ichiga oladi:

- Erkaklar hukmronligi
- Qul erkak
- Ayol ustunligi
- Qul ayol

Qullik atamasi jismoniy cheklash amaliyotini tavsiflaydi. *Qullik* odatda, lekin har doim ham jinsiy amaliyotdir^[13]. *Qullik* BDSM ning katta sohasidagi juda mashhur o'zgarish bo'lsa-da, ba'zida u ushbu sohaning qolgan qismidan ajralib turadi^[14]. 2015-yilda 1000 dan ortiq Kanadaliklarni o'rganish shuni

ko'rsatdiki, barcha erkaklarning qariyb yarmi qullik xayollarini ushlab turishgan va ayollarning deyarli yarmi ham buni qilishgan^[15]. Qattiq ma'noda qullik sherikni qo'shimchalarini bir-biriga bog'lash orqali bog'lashni anglatadi; masalan, kishan yoki arqonlardan foydalanish yoki qo'llarini ob'ektga bog'lab qo'yish orqali. Qullikka qo'shimchalarni yoyish va ularni Avliyo Endryu xochiga yoki yoyuvchi panjaralarga zanjirlar yoki arqonlar bilan mahkamlash orqali ham erishish mumkin^[16].

Intizom atamasi ochiq xatti-harakatlarni nazorat qilish uchun qoidalar va jazolardan foydalangan holda psixologik cheklashni tavsiflaydi. Jazo jismoniy sabab bo'lgan og'riq (masalan, qamish), psixologik sabab bo'lgan tahqirlash (masalan, jamoat bilan bog'lanish) yoki jismoniy sabab bo'lgan erkinlikni yo'qotish (masalan, bo'ysunuvchi sherikni to'shakning oyog'iga zanjirband qilish) bo'lishi mumkin. Yana bir jihat — pastki qismning tuzilgan treningidir^[17].

Timsollar

BDSM hamjamiyatining eng ko'p qo'llaniladigan belgilaridan biri aylana ichidagi triskelion shaklining hosilasidir.^[18] Triskelening turli shakllari ko'plab madaniyatlarda juda ko'p foydalanish va ko'p ma'nolarga ega edi; uning BDSM foydalanish klassik kitob „O“ hikoyasidagi *O halqasidan olingan*. BDSM emblemasi loyihasi triskelion belgisining aniq belgilangan shakliga nisbatan mualliflik huquqini talab qiladi; triskelionning boshqa variantlari mualliflik huquqiga oid da'volardan xoli.^[19]

Yana qarang

- Avtosadizm

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2015-yilda Germaniyada bo'lib o'tgan BoundCon tadbirida erkak qullik ustasi tomoshabinlarga arqon bilan bog'lanishni qanday qilishni namoyish etadi. Bu yerda qo'llangan bog'lash texnikasi — quti bog'lash, qo'l va ko'krak qulligining asosiy shakli^[12].



Arqon va yoyuvchi bar bilan. Ushbu amaliyot immobilizatsiya va og'riqning sezilarli ta'siriga egadir.

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